

## ENVIRONMENTAL HOME

# Finding a doctor to treat environmental illness

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Imagine struggling with an unexplained illness that robs you of normal life.

You go from traditional doctor to traditional doctor and still no answers other than it must be “your imagination.” This isn’t science fiction. It is real people, real life, and might even be you or a loved one.

For too long, people have unknowingly eaten, inhaled, drunk and absorbed toxins that are often hidden in everyday products and even the air and water we need to live.

Big business and government have told us not to worry, they will keep us safe. We are told that we can trust the food, water and air. They tell us the multitude of energy waves they beam through our bodies won’t hurt us. They did the same with asbestos, lead paint, radon and the drinking water in Flint, Mich.

There is new hope and healing for the millions of people affected with environmentally created health problems. CIRS, MCS, chemical toxicity, autoimmune disease and sensitivity to electro-magnetic forces are some of the illnesses. For many individuals, the health problems are the result of compromised health due to chemotherapy, organ transplants and other illnesses that attack the body’s ability to heal.

Modern chemistry has brought us tens of thousands of untested new chemicals mixed in combinations to create hundreds of thousands of new exposures. If the product doesn’t have a toxin as a key ingredient, manufacturers often add



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While treating the symptoms of environmental illness, health professionals should try to find the source and create a plan to eliminate it.

toxic chemicals to create a pleasant odor.

What we have been doing is not enough to protect our health and the health of our children. It is not OK to keep dosing environmentally ill individuals and ignore the source and causes. It is unacceptable to dismiss environmental illness as imagined or unimportant.

People are the sum of their genetics, health history and exposures. We accept that some children can find a peanut deadly but have a difficult time understanding that other exposures can be deadly.

It is time for qualified functional professionals to work together to identify the causes of environmental hazards, find ways to avoid the toxins and help the people affected by environmental hazards to heal.

## Functional Health Professionals

It is not enough to give people pills to treat the symptoms of environmen-

tal illness instead of the illness itself. Functional health professionals identify the cause and source of illness. They prescribe testing that can confirm the cause of illness. The source of illness can range from the food we eat to the air we breathe.

When food is the source of illness, they prescribe diets to improve health. When environmental factors are the issue, they refer patients to functional environmental professionals to test and evaluate the source of toxins. Mold is the most common source of environmental illness.

The functional health professional’s next steps are to provide advice to avoid the risk and medical care of detoxifying and healing patients.

## Functional Environmental Professionals

Functional environmental professionals explore the wide range of sources of environmental health

risks. Mold is the most common problem. Toxic exposures can be found in drinking water, building materials, construction defects, HVAC systems or from the activities of everyday living.

Health risks can be from daily or occupational activities, frequented buildings or even outdoor sources.

Testing is done to confirm the source of an exposure, and then it is important for the professional to identify and report on the changes needed to remediate the risk and avoid its return. Educating the client in avoiding future exposures is important to recovery.

All buildings and their exposures are a science experiment. We all know that if we do not change the conditions of the experiment, the results will be the same. Identifying the changes that are required to keep a building healthy is a critical part of the

assessment that requires a qualified functional environmental professional.

## Functional Remediators

It is not enough to spray a chemical in a building and declare that everything is better. Functional remediation professionals understand that there is not a single magic spray or pixie dust that remediates every building.

When you clean your kitchen counter, you wipe the food and debris that is the food of bacteria and viruses off the counter. Just picture if you sprayed Lysol on the kitchen counter without cleaning up the food debris for the next couple of weeks. Yep, Lysol has a 99.8% kill germ claim, but that is not enough to spray a house without cleaning up the bad stuff where the contaminants are living.

It is critical to test a patient’s reaction to treatment products before they are applied. This is especially true in one that is occupied by chemically sensitive or environmentally ill individuals.

Functional remediators follow the protocols of functional environmental professionals that include containment, negative air and air scrubbing. Just as the dandelion will spread its white seeds when blown on, contaminants can be spread through a building during remediation. Improper remediation can make an unhealthy building even more toxic.

## Healthy Infusion Program

It is not enough to treat symptoms of illness. We should have healing.

It is not enough to test for an environmental risk. We should strive to correct the cause or reduce the expo-

sure and its return.

It is not enough to spray a one-size-fits-all chemical and declare a building free of toxins. We must treat with sensitivity to the occupants and using methods to contain exposures during treatment. We must change the conditions that cause a toxic environment.

Functional professionals are a team that is focused on identifying the underlying conditions and improving the causes and conditions that can be improved.

Simply put, the Healthy Infusion Program is designed to bring the functional professionals together to address the source of environmental hazards and the path toward good health.

## Where do we go from here?

We know that our modern world has created many environmental risks that can affect each person differently.

We need to understand the complexities of life today and not dismiss the concerns of those who are affected by elements of our changing, complex and often toxic environment.

We need to work together to provide the best outcomes for environmentally ill individuals.

Go to [www.Enviroinspect.com/HealthyInfusion](http://www.Enviroinspect.com/HealthyInfusion) for more information about Healthy Infusion professionals.

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